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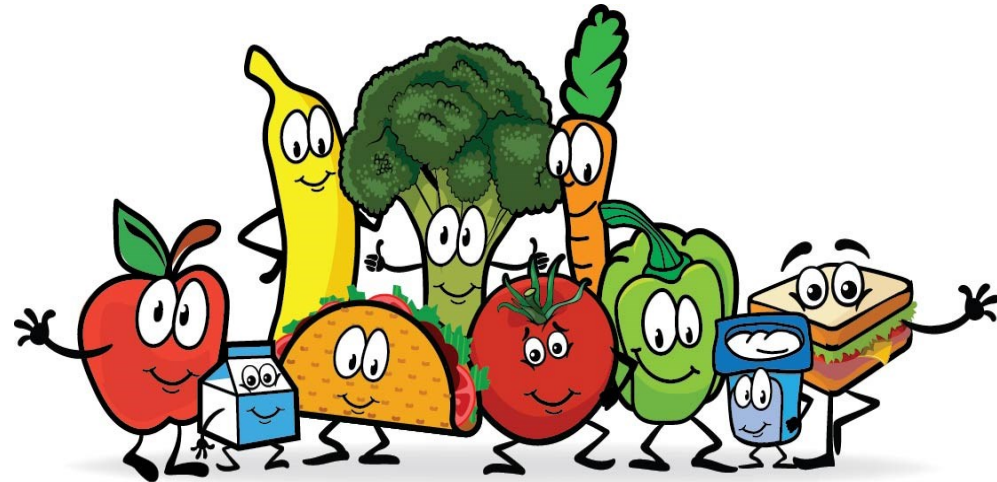
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- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: [\(202\) 690-7442](tel:(202)690-7442); or
- (3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.



Elementary School Nutrition



Cindy Jensen, MS, RD, CD
**District Director of School Food
and Nutrition Services**

The School District of New Berlin participates in the National School Lunch Program (NSL) whose goal is to exceed the USDA guidelines for healthy Americans, serve convenient, economical, and healthy school meals while providing a pleasant social experience during lunch. We are proud of the quality of our school meals and encourage the participation of your child/children. Students who eat balanced, nutritious meals concentrate better in class, participate more enthusiastically and learn better! The School Nutrition staff is looking forward to serving your child/children during their school years!

MONTHLY MENUS. The District's School Nutrition Program offers 3 menu choices each day to elementary students. In addition to the daily special menu which is written to meet the USDA's NSL regulations our program offers a "Step It Up" menu (this menu offers entrees made with foods with limited processing, food additives and preservatives) and a yogurt parfait which can be used as a vegetarian option. A daily garden bar which includes fresh fruits, vegetables and salad is part of all menus. Grades 7-12 are offered additional meal choices through our a la carte Build-A-Meal options. Links to our interactive menus are posted on the District's web site www.nbexcellence.org. The interactive menus offer descriptions, nutritional information and special diet information on each item we serve. If there is a new or unfamiliar item on the menus, we are hoping your child will at least taste a portion. This will introduce your child to new foods and help to give the variety of nutrients offered by the lunch.

LUNCH PATTERN: Each school lunch contains five components. These components make up the required USDA school lunch pattern and provide one-third of a school age child's daily nutritional requirements. The five components are: meat/meat alternate, fruits, vegetables, grain/bread items and milk. We incorporate the use of federal commodities with foods which are: high in fiber and low in fat, refined sugars, sodium while paying attention to food cost, availability and acceptability. **OFFER VS SERVE:** Students are offered all five components. They need take only (or be served) three of the five, but one must be a fruit or a vegetable. This greatly reduces food waste and allows the child an opportunity to make choices. Lunches are priced as a unit and no change in price is made if items are refused.

FOOD ALLERGIES & SPECIAL NEEDS: If your child has food allergies, is lactose intolerant or has special dietary restrictions, special dietary accommodations can be arranged by submitting approved medical paperwork to the director of food and nutrition services.

Having a note at an individual school does not guarantee that the School Nutrition Department is aware of your child's needs. Forms for medical approval are available online. There is no additional charge for this service.

LUNCH PRICES: Elementary lunches are **\$2.50/meal** including milk. A carton of milk by itself is **\$.35**. Secondary lunches are **\$2.60/meal** including milk and a variety of a la carte food items are available with prices starting at \$.25. A list of a la carte items, parental permission slip to set spending limits, and other department forms are posted on District website. An adult lunch; lunch for a sibling OR second student lunch is **\$3.50/meal including milk**. **All prices are subject to change by the District without notice** to comply with USDA regulations and current market trends.

Students in the district use a PIN to access their lunch account. The cost of lunch, milk and/or a la carte food items are debited from the account when the student enters their PIN. There will be learning tools provided to help student's learn their PINs. The lunch PIN number is also the student's computer Login ID (Tech ID)-only one number to learn and it will not change while your student is in the district. To find your student's PIN, in the parent portal, click on the "Tech Permissions" tab on the left side of the page. Your student's Login ID will be shown: your student's initials and a 4 digit number. This 4 digit number (no letters) will also be your student's lunch PIN.

Parents can make deposits into their student's account with a credit card using the Parent Portal/Webstore or cash/check deposits can be put into drop boxes in the school office or sent via mail to the district office c/o Food Service. Our automated messenger system will notify you by email and/or phone when your student's balance falls below \$10. Parents can view lunch purchases, account balance and confirm deposits by using the "Food Service" tab on the left side of the screen in the parent portal.

FREE & REDUCED MEAL BENEFITS: Applications for meal benefits are available through your student's school office, online and by contacting Karen Wiese karen.wiese@nbexcellence, (262) 789-6219. **Applications are not available until early August prior to the new school year. We can not accept applications until the new applications are made available.**

Please contact Karen Wiese with any questions about your student's lunch account, PIN or Free & Reduced meal benefits:
karen.wiese@nbexcellence, (262) 789-6219.

We value your input.

To help us provide quality service to you and your child, please contact School Food and Nutrition @ 262-789-6209 with suggestions, questions, or concerns you may have regarding our program and for employment opportunities within the department.